

# THE ROYAL SAINIK VIDYAPEETH

A CBSE Affiliated Residential Cum Day School





At The Royal Sainik Vidyapeeth, we provide a safe and nurturing environment for our boarding students. Our two fully air-conditioned hostel buildings, H-1 and H-2, each accommodate 100 beds. Each dormitory is equipped with separate beds and almirahs for every student, ensuring comfort and privacy. Students can unwind with the latest movies on Saturday nights, thanks to the availability of Wi-Fi and smart TVs. Conveniently located next to the academic block, our hostels minimize travel time to classes. Modern amenities include: A large common room, A well-maintained mess, Indoor game areas, A Wi-Fi-enabled smart TV hall.

The washrooms are designed with separate areas for baths and toilets, maintaining high hygiene standards. Each floor features an independent hot water heat pump with a 700-litre capacity and a 50-litre water cooler. Dedicated wardens, supervised by the Chief Hostel Warden, ensure a safe and supportive environment for all students. Our playgrounds are exclusively reserved for hostel students during evening games and morning physical training sessions, providing a perfect home-away-from-home experience.

# General items to be brought by the students who took admission in the hostel

Items	Quantity
Blanket	1
Pillow	1
Pillow Cover	2
Pink Towel	1
Blue Towel	1
Tooth Brush	2
Tooth Paste	2
Comb	1
HairOil	2
Bathing Soap	4
Cloth Shop	4
Polish Brush	1
Shoes Polish (Black)	2

Items	Quantity
Nail Cutter	1
School Bag	1
Journey Bag	1
Needle, Thread and Buttons set	1
Torch	1
Bathroom Slippers Pair	2
Hangers	6
Cloth Clips	6
Undergarments	6
Undershirt (White in color)	6
Casual Dress (Party wear)	2
Casual Shoes (Party wear)	1
Sports Shoes	1

Students to Bring Required Winter Items After **Diwali Vacation:** 

Items	Quantity
Thermal Inner wear	2 pair
Casual sweater	1
Casualjacket	1
Quielt	1
Shawl	1
Warm Socks	4 pair

# **DAILY ROUTINE OF HOSTELER STUDENTS**

The daily routine at The Royal Sainik Vidyapeeth has become an integral part of our school traditions. While the schedule promotes an active campus life, it also allows ample time for rest, leisure, and individual activities. The routine is as follows:

# MONDAY TO FRIDAY

Timing	Activity
0500 hr	Wake Up
0530 hr-0630 hr	Physical Training (PT)
0630 hr - 0730 hr	Bath & Change + Self Study
0730 hr - 0800 hr	Breakfast
0800 hr – 1400 hr	Academic Classes
1400 hr – 1500 hr	Lunch

Timing	Activity
1500 hr – 1700 hr	Extra Classes
1700 hr – 1715 hr	Refreshment
1715 hr – 1845 hr	Game
1845 hr – 1925 hr	Bath & Change
1925 hr – 2000 hr	Dinner
2000 hr – 2200 hr	Night Prep





## **SATURDAY**

Timing	Activity	
0500 hr	Wake Up	
0530 hr - 0630 hr	Morning Phyiscal Training	
0630 hr – 0730 hr	Bath & Change	
0730 hr – 0800 hr	Breakfast	
0800 hr – 1400 hr	Academic Classes	
1400 hr – 1500 hr	Lunch	
1500 hr – 1700 hr	Dress Change and Rest	
1700 hr – 1715 hr	Refreshment	
1715 hr – 1815 hr	Games	
1815 hr – 1925 hr	Socks Washing & Dorm Inspection	
1925 hr – 2000 hr	Dinner	
2000 hr – 2230 hr	TVTime	
2230 hr	Lights Off	

## **SUNDAY**

Timing	Activity
0700 hr	Wake Up
0730 hr – 0900 hr	Games
0900 hr - 1030 hr	Bath & Change
1030 hr – 1130 hr	Brunch
1200 hr – 1400 hr	Hobby Classes
1400 hr – 1700 hr	TV Time & Sunday Snack Hours
1700 hr – 1845 hr	Games
1845 hr – 1925 hr	Wash & Change
1925 hr – 2000 hr	Dinner
2000 hr – 2200 hr	Night Prep

# **MESS**

We take pride in providing a dining experience that emphasizes both comfort and hygiene. Our fully air-conditioned mess hall creates a pleasant atmosphere for students to enjoy their meals. Equipped with a state-of-the-art stainless steel kitchen, we uphold the highest standards of cleanliness and food safety. To ensure impeccable hygiene, we conduct regular checks and adhere to stringent sanitation protocols while using only the finest ingredients.





DAY	BREAKFAST	BREAK	LUNCH	REFRESHMENT	DINNER
Monday	Grilled Sandwich, Milk	Fried Chana	Rajma, Seasona, Vegetable, Rice, Chapatti, Lassi, Salad	Snacks/Fruit	Dal, Chapatti, Milk, Gulab Jamun
Tuesday	Missi Roti, Curd, Pickle	Maggi	Dal, Seasonal Vegetable, Rice, Chapatti, Lassi, Salad	Snacks/Fruit	Mix Vegetable, Chappati, Kheer
Wednesday	Fried Rice, Curd	Fruit	Chana, Seasonal Vegetable, Rice, Chapatti, Lassi, Salad	Snacks/Fruit	Dal, Chappati, Milk
Thursday	Parantha, Curd, Pickle	Fried Chole	Dal, Seasonal Vegetable, Rice, Chapatti, Lassi, Salad	Snacks/Fruit	Paneer, Chapatti, Milk
Friday	Poha, Curd	Biscuit/ Namkeen	Kadhi Pakoda, Rice, Chapatti, Salad	Snacks/Fruit	Dal, Chappati, Milk, Ice Cream/Gulab Jamun
Saturday	Cornflakes, Fruit, Milk	Halwa	Cholle, Puri, Raita, Salad	Snacks/Fruit	Dal, Chapatti, Milk
Sunday	Brunch (Aloo Parantha, Curd, Pickle)		Snacks Party	Aloo Curry, Chapatti, Milk	

# **SPECIAL FACILITIES FOR HOSTELER STUDENTS:**

#### **GRAB & GO CANTEEN**

Our canteen is stocked with all your daily essentials. Stationery, Books and All School and hostel uniforms On Sundays, indulge in a variety of tasty treats, making weekends even more enjoyable for our students.

# **LAUNDARY**

We understand the importance of maintaining clean and well-presented uniforms for our students. Our dedicated laundry services ensure that every student's uniform is washed, pressed, and ready for the school day. Additionally, we take special care to wash all uniforms and bedsheets of our hostel students, ensuring they have fresh and clean attire and bedding at all times.

# **BARBER SHOP**

We ensure our students are always well-groomed and presentable. Our on-campus grooming services provide haircuts and take care of all grooming needs, so everyone looks sharp and ready for success.



# **SICK BAY**

Our sick bay provides a safe space for students to receive medical care. A qualified doctor conducts weekly checkups for all hostel students, ensuring their health is closely monitored. Our dedicated medical staff is always available to provide prompt care and support.



# **HOSTEL RULES AND REGULATIONS**

#### **COMMUNICATION WITH CHILDREN:**

Parents may contact the hostel warden between 10:00 a.m. and 12:00 p.m. Children are not permitted to use the telephone except on designated calling days, which will be communicated in advance.

#### **PARENTS CHILDREN MEETING:**

Parents-Children Meetings: Monthly meetings allow parents to visit their wards, bringing food items and snacks of their choice. This is a valuable opportunity for parents to spend quality time with their children.

#### LEAVE OR OUTPASS FOR HOSTEL STUDENTS

The school enforces a strict policy regarding leave for hostel students. Typically, leave will not be granted during the middle of the term. However, the Principal may grant leave on exceptional grounds such as serious illness of parents or the marriage of real brothers or sisters. No leave will be granted for the marriage of cousin brothers or sisters, or for religious or public functions at relatives' houses.

Leave applications must be signed by the parents and sent to the Principal's WhatsApp number (99969-10900) in advance. Parents should also acknowledge that the student's journey will be at the parents' risk.

#### **VACATION AND RETURNING FROM LEAVES AND VACATION**

Students are given three official vacations during the academic session: Summer Break (in June), Diwali Break, and Winter Break (in January). Additionally, an outpass is issued on Rakshabandhan to celebrate the festival at home.

No outpasses are issued for Parents' Children Meeting near the Periodic Test and Half-Yearly and Annual Examinations. Students must report back to school by 2:00 PM on the reporting day mentioned in the outpass

and circular. If students fail to report on the designated day, a fine of Rs. 100 per day will be charged.

#### **POCKET MONEY**

Hostel students are not allowed to keep money in the hostel, as keeping money in the hostel is strictly prohibited.

#### **VALUABLE ITEMS**

Students are not allowed to keep valuable items such as jewelry (chains, rings, bracelets), smartwatches, bangles, etc., in the hostel.

#### **OUTSIDE EATABLES**

Outside eatables are not allowed in the school hostel. Students have the right to buy outside eatables (total items worth Rs. 60) only on Sundays of every month from the Grab & Go Canteen.

#### **MEDICAL LEAVE**

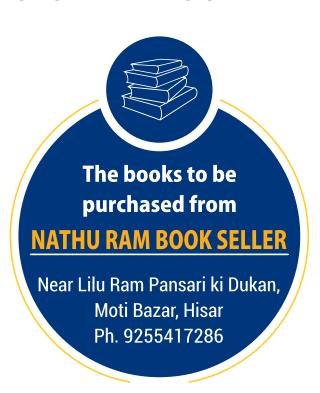
If a student falls sick while staying at the hostel, they will receive primary medication from school-authorized hospitals. If there is no improvement in the student's condition, the parents will be informed, and the student will be sent on medical leave.

#### LEAVING THE HOSTEL WITHOUT PERMISSION

It has been observed that some students miss their parents and home, which affects their participation in school activities due to homesickness. Some students may attempt to leave the school boundary without permission or abscond from the premises. If such students reach their home, parents are advised to inform the school. Parents are requested to help their ward understand the importance of not engaging in such activities.

# **GENERAL INSTRUCTIONS FOR PARENTS OF NEWLY ADMITTED STUDENTS**







#### **Visiting Protocol**

Parents are not are not allowed to receive their children in middle of academic hours without prior notification to the Principal.

#### **Academic Inquiries**

For any questions regarding academics, please contact the Principal at 99969-10900.

#### **Document Queries and Appointments**

For inquiries related to documents or to schedule a meeting with the Principal, please reach out to the receptionist at 99969-10800.

#### **Fee Inquiries**

For any questions regarding fees, please contact the accountant at 99965-45960.

#### **Emergency Contact**

If you are not satisfied with the responses from the above contacts, please reach out to the Director at 99969-10700.